



PROVIDER ALERT

Aug. 1, 2022

Alert Summary: This alert is to inform you of changes being made to the General Foundations training plan and Ethics trainings available on Relias eLearning.

Dear Optum Idaho Providers,

The Optum Idaho Education and Training team has updated the General Foundations training plan which is required for some providers to be endorsed to provide Target Care Coordination and Skills Training and Development.

The training plan has been revised to include current trainings that are interactive and provide a more comprehensive overview of foundational topics needed for working within the behavioral health field. This new plan will go into effect September 1, 2022.

Here is the updated list:

- [HIPAA: Basics \(.5 hours\)](#)
- [Best Practices for Documenting the Treatment Planning Process \(1.5 credit hours\)](#)
- [Legal and Ethical Standards for Behavioral Health Professionals \(1 hour\)](#)
- [Dual Relationships for Paraprofessionals \(.75 credit hour\)](#)
- [Stages of Change and Motivational Interview for Paraprofessionals \(.75 credit hours\)](#)
- [Introduction to Cultural Variations in Behavioral Health for Paraprofessionals \(.5 credit hour\)](#)
- [Strategies for Preventing and De-escalating Hostile Situations \(1 hour\)](#)
- [The Art and Science of Communication \(.3 hours\)](#)
- [Trust Building with Effective Communication \(.4 hours\)](#)
- [Co-Occurring Disorders: An Overview for Paraprofessionals \(1.25 credit hour\)](#)
- [Preventing Suicide in Adults: The Role of Paraprofessionals \(.75 credit hour\)](#)
- [Youth Empowerment Services \(YES\) NEW \(1 hour\)](#)
- [Crisis Management Across Health and Human Services \(1.5 hours\)](#)

As mentioned in the previous Provider Alert, dated July 1, 2022, we are adding links to the Optum Idaho website under the Provider Meetings and Trainings Tab to give you access to courses on topics of interest that were identified in the 2021 Annual Provider Survey. We have added courses on the topic of Ethics and will continue to add additional tabs for other identified topics of interest. Please stay tuned for further announcements and developments.

Please click on this link to take you to the Providers Meeting and Training tab:

Ethics courses that will be easily available on this link are:

- [Applying Ethical Decision-Making in Clinical Practice](#)
- [Boundary Risks for Behavioral Health Paraprofessionals](#)
- [Dual Relationships for Paraprofessionals](#)
- [Ethical Decision Making: The Basics](#)
- [Ethics and Law in Mental Health](#)
- [Ethics for Counselors](#)
- [Ethics for Marriage and Family Therapists](#)
- [Ethics for Psychologists](#)
- [Ethics for Substance Use Disorder Counselors](#)
- [Ethics, Rules and Boundaries for Paraprofessionals](#)
- [Legal and Ethical Standards of Care in Behavioral Health](#)
- [Navigating the Ethics of Dual Relationships and Termination](#)
- [Practice for Paraprofessionals for Managing Common Boundary Situations](#)
- [Professional Ethics and Standards for Social Workers](#)

Thank you for all you and your colleagues do to support Optum Idaho Members and their families.

The Optum Idaho Education and Training team